



Life Transformation Institute (LTI)

Empowering Life by Sharing Knowledge & Wisdom

<http://Life-Transformation-Institute.org>

"Everyone thinks of changing the world but no one thinks of changing himself" LEO

TOLSTOY

We spend our lifetime taking care of others; and in the process, we neglect to look after ourselves. If this message resonates with you, then join us in a sojourn to take charge of yourself - through self-management of your mind, body and spirit.

Life Transformation Institute is a not-for-profit community organization, based in Toronto, Canada. It is a collaborative group of kindred spirits that empowers life by sharing our cumulative knowledge and wisdom. Our focus is the body/mind/soul entity and raising awareness, which is done through events, resource intensive website and publications.

The following four groups are merged into Life Transformation Institute:

- Friends of Heart
- The Inspirational Book Club (www.inspirationalbookclub.org)
- Life Entrepreneurs Institute
- Healing Food Institute (www.healing-food-institute.org)

Combined membership of these groups is over three hundreds. We are proud to have a diversified Advisory Board with multitudes of expertise, such as medical doctors, naturopaths, social entrepreneurs, teachers, life coaches, published authors, technologist, etc.

We have conducted many meetings, talks and workshops, since 2008. You can review photos and reports of these events at:

<http://life-transformation-institute.org/events>

How to Join

Join us, post your profile with photos and meet other members at:

www.meetup.com/Life-Transformation-Institute

How to Support:

- Become a **volunteer**
- Join our **Speakers Bureau** for giving future presentations:
- Become a **Sponsoring member**

For Inquiries:

We need sponsors, speakers and volunteers to provide empowering programs.

Contact Max Haroon by sending an email to info@life-transformation-institute.org

or phone: 416-891-937

